



Where Champions Train

MAY 2009

Self Defense Saturdays in May

KoSho Karate will be teaching self defense every Saturday in May. The classes will cover all aspects of self defense from being aware of your surroundings to learning how to deal with an attacker.

Each class starts at 10:00 am

Class will last about 50 minutes. You'll be out the door and on your way before 11:00.

Everyone may attend: kids, adults, karate students, cardio students, your parents, grandparents, aunts and uncles, your neighbors, friends.....Everyone!

Cost is only \$5.00 per person.

These may be the most empowering classes you have ever attended! Get a group of friends together and come play with us! This is a great family activity! You will have a blast!



Black Belt Training
April 25, 2009 Tonfa

May Word Search

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Y F L A I R O M E M
M A H Y A D K P N Y
S R D G I G C O W D
G M F S H A I C C J
O E O A R M J N B E
D D R D G E R I F U
T E C A B S N C E O
O D E Y T L K T D Y
H A S S P A R K O A
P I C N I C M P O M
  
```

find these words

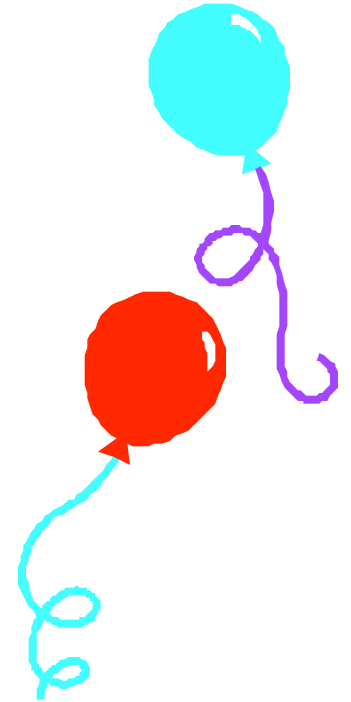
- | | |
|------------------|----------|
| Cinco De Mayo | picnic |
| Mother's Day | hot dogs |
| Memorial Day | park |
| Armed Forces Day | games |

Happy May Birthdays



Gerald Ackerman
Abigail Agwai
Gabor Angeli
Teresa Barcelo
Veronica Bradley
Joshua Delfs
Mike Drabek
Mariana Esquer
Roger Fiederlein
Luis Garcia
Tom Gilliam
Amy Goff
Ritu Gupta
Maia Hartman
Richard Harvey
Michael Hughes
John King
Gabe Kirish
Marisa Lerew
Ken Lewis

Kimberly Linebarger
Clifford Linebarger
Colin Louk
Victoria Maejima
Alistair McCallum
Grace McFarland
Robert Micklewright
Jared Mosman
Kelly Nguyen
Joan O'Gorman
Skylar Petz
Maricela Robles
Jordan Socia
Austen Stowe
Kelly Thompson
John Torresala
Destinee Valenzuela
Pat Walter
Maritza Wheeler



What's Next?

May

2 - Self Defense Class
9 - Self Defense Class
16 - Self Defense Class
22 - 25 Closed, Memorial Day Weekend
25 - Memorial Day Picnic
30 - Self Defense Class

June

1 - 5 Summer Camp #1
20 - Black Belt Training

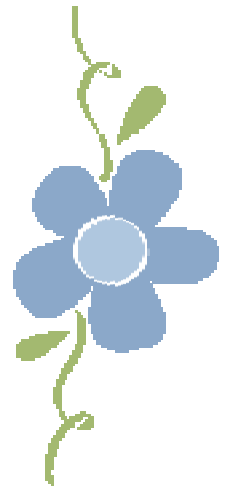
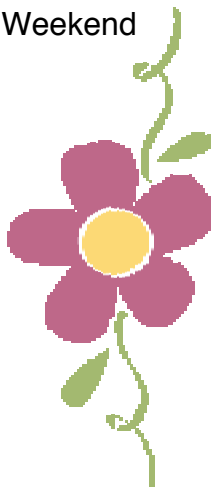
July

4 - Closed, Fourth of July
6 - 10 Summer Camp #2
18 - Black Belt Training
27 - 31 Summer Camp #3

August

15 - Black Belt Training

*A Very Special
Happy Mother's Day
to all of the Moms
who bring their kids to
KoSho every week*





Please join us for our Annual Memorial Day Picnic

Potluck
Bring something to share!
Shihan will bring the hamburgers, hot dogs and buns.

Mon., May 25, 2009

Starts at 11:00 am

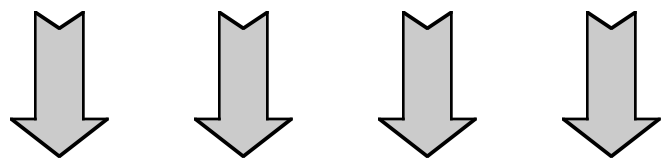
The whole family is invited!

at Jacobs Park (west side)
1010 W. Lind
near Prince & Fairview

Volleyball
Horseshoes
Super soakers
Games
Music
Karaoke

answers to word search

Y	F	L	A	I	R	O	M	E	M
M	A	H	Y	A	D	K	P	N	Y
S	R	D	G	I	G	C	O	W	D
G	M	F	S	H	A	I	C	C	J
O	E	O	A	R	M	J	N	B	E
D	D	R	D	G	E	R	I	F	U
T	E	C	A	B	S	H	C	E	O
O	D	E	Y	T	L	K	T	D	Y
H	A	S	S	P	A	R	K	O	A
P	I	C	N	I	C	M	P	O	M



**KoSho Karate will
Be CLOSED
Memorial Day Weekend,
May 22 - 25**



3912 N. Oracle Rd. #102
for information call
520-887-4099

SUMMER CAMPS



Camp # 1
June 1 - 5



Camp # 2
July 6 - 10



Camp # 3
July 27 - 31

All camps will focus on safety skills and stranger danger with lots of games, contests and fun karate stuff

\$65.00 per day
2nd family member \$50.00 per day
\$195 (full week)
\$95 (full week, 2nd family member)

Invite a friend!

All karate students and non-karate students, ages five thru twelve, are welcome.

9:00 am - 3:00 pm

Bring Lunch



FUN



FUN



FUN



FUN



FUN